

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**



**6**

WG Cereal 30g  
Graham Cracker 11g  
Fresh Fruit 25g

**7**

Donut 23g  
Applesauce 17g  
Fruit Juice 20g

**8**

WG Muffin 30g  
Cheez-it 14g  
Fresh Fruit 25g

**9**

WG Cereal Bar 30g  
Graham Cracker 11g  
Fresh Fruit 25g

**10**

Bagel 33g  
Applesauce 17g  
Fruit Juice 20g

**13**

WG Cereal 30g  
Graham Cracker 11g  
Fresh Fruit 25g

**14**

Donut 23g  
Applesauce 17g  
Fruit Juice 20g

**15**

WG Muffin 30g  
Cheez-it 14g  
Fresh Fruit 25g

**16**

WG Cereal Bar 30g  
Graham Cracker 11g  
Fresh Fruit 25g

**17**

Bagel 33g  
Applesauce 17g  
Fruit Juice 20g

**20**

WG Cereal 30g  
Graham Cracker 11g  
Fresh Fruit 25g

**21**

Donut 23g  
Applesauce 17g  
Fruit Juice 20g

**22**

WG Muffin 30g  
Cheez-it 14g  
Fresh Fruit 25g

**23**

WG Cereal Bar 30g  
Graham Cracker 11g  
Fresh Fruit 25g

**24**

Bagel 33g  
Applesauce 17g  
Fruit Juice 20g

**27**

WG Cereal 30g  
Graham Cracker 11g  
Fresh Fruit 25g

**28**

Donut 23g  
Applesauce 17g  
Fruit Juice 20g

**29**

WG Muffin 30g  
Cheez-it 14g  
Fresh Fruit 25g

**30**

WG Cereal Bar 30g  
Graham Cracker 11g  
Fresh Fruit 25g



USDA is an equal opportunity provider, employer, and lender.

Menu is subject to change based on food availability or unforeseen school closures.

Carb grams indicated in **ORANGE**  
**HALAL OPTIONS OFFERED**

Milk is offered with each meal: 1% White Milk 12g OR Fat Free Chocolate 24g

Fig's Café & Catering Services  
Contact: Melissa Bryant 614.747.0196